

2000 Massachusetts Avenue, Cambridge, Massachusetts, 02140 \cdot 617-492-5070 \cdot www.tkd-cambridge.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00am Forms and One-Step Training	10:00am All Levels	10:00am All Levels	10:00am All Levels	10:00am All Levels	10:00am Children/Beginners Children/Advanced All Ages
Noon All Levels	Noon All Levels	Noon All Levels	Noon Forms and One-Step Training	Noon All Levels	11-11:40am Pee-Wee 3-4 years
3:40pm Children/Beginners Children/Advanced	3:00pm Pee-Wee 3-4 years	3:40pm Childrens Sparring Yellow Belts and Above	3:00pm Pee-Wee 3-4 years	3:40pm Children/Beginners Children/Advanced	11:00am All Levels
5-8 years 4:30pm Kids	3:40pm Children/Beginners Children/Advanced 5-8 years	5-8 years 4:30pm Kids Sparring	3:40pm Children Test Review 5-8 years	5-8 years 4:30pm Kids	Noon Light Sparring Yellow Belts and Above
Black Belt Program Kids All Levels 9-12 years	4:30pm Kids 9-12 years	Yellow Belts and Above 9-12 years 5:30pm	4:30pm Kids Test Review	9-12 years 5:30pm	1:00pm Stretching All Levels
5:30pm All Levels	5:30pm All Levels	All Levels	9-12 years 5:30pm All Levels	All Levels	2:30pm All Levels
6:30pm All Levels	6:30pm Forms All Levels	6:30pm All Levels	6:30pm Black Belt Program Clinic	6:30pm Test Review Forms Review All Levels	Hours Mon-Fri
7:30pm Competition Training BB Program Only	7:30pm All Levels	7:30pm Sparring Techniques and Light Sparring Yellow Belts and Above	(see BB Program Schedule) 7:30pm All Levels	7:30pm Competition Training BB Program Only	10am-9pm Sat 10am-4pm